



Confidentiality and Informed Consent

It is very important to me that you understand that this is a professional, confidential environment. The saying “what is said here, stays here” rings true my practice. However, there are limitations to this that you need to be aware of.

The following are the areas in which I am legally and ethically required to break confidentiality to the proper authorities:

- Disclosure of current abuse or neglect to a minor under the age of 18.
- Disclosure of current abuse or neglect to an elderly individual or mentally incapacitated adult.
- A present plan to harm yourself or someone else.
- A court subpoena for records or testimony

I will not discuss your treatment or even the fact that you are a client with anyone without your consent. If during your time with me you would like me to communicate with family, doctors, probation officers, attorneys or anyone else I will ask you to sign a release of information. Without this release I will never verify with anyone that you are a client.

In the event that you have strong feelings of harming yourself or someone else, I may need to call Mobile Crisis. If at any time during you feel that you cannot keep yourself safe and you are unable to reach me immediately, please call Mobile Crisis at (865) 539-2409 or go to your nearest Emergency Room.

Please sign below stating that you understand these limits to confidentiality.

Signature: _____

Date: _____